



## Friends

Class 5 & 6 have been reflecting with Veronica on the qualities of friendship and the beauty of friends. They used the word 'friends' to support their 'paintings' of friendship. Here are six of them.

Thank you Class 5/6 students for your inspiration.

- Enjoy

**F**orgive, as I walk through my life

**R**ight or wrong God always loves you

**I**f you don't let someone knock at your door, your heart will never open

**E**ven if you tried your best, though you are not the cleverest

**N**ice things happen on everyone

**D**o your best as you walk along your way

**S**oon you will find your way toward the sun

Sean – Class 6

## Dates for your calendar...

**Friday 19<sup>th</sup> November**  
A special Seed Group Event for the children this afternoon!

**Friday 26<sup>th</sup> November**  
Early finish - 12.30pm  
Report Writing Afternoon

**Wed 1<sup>st</sup> – Fri 3<sup>rd</sup> December**  
Class 1 swimming Program  
Collect your child from the pool at 2.30pm (t.b.c.)

**Monday 6<sup>th</sup> December**  
Christmas Sharing

**Wednesday 8<sup>th</sup> December**  
Class 6 Graduation

**Thursday 9<sup>th</sup> December**  
Last day of Term 4  
12.30pm finish – classroom pickup (no flow-thru)

**Newsletter 13**  
**17<sup>th</sup> November**  
**2021**

Shilgai School

**F**orever in my heart you'll stay

**R**eminisce the time we share

**I**n the darkest light we see

**E**ven when the road is rough

**N**othing keeps us apart

**D**oing so much, you and I

**S**o, friends we keep as time goes by

Kaia - Class 6

**F**un is better when you have friends

**R**emember good times and

**I**nteresting times too.

**E**ach day something

**N**ew happens

**D**ay by day

**S**omething good happens

Sam - Class 6

**F**un is important, so is laughter

**R**un, jump, sing... we call ourselves the 'Ding-a-lings'

**I** am strong, she is stronger, but we don't care

**E**verybody is my friend, we are a team

**N**o bad, no good, just friends

**D**on't forget me, I won't forget you

**S**o good to see you, my friends!

Nova - Class 5

**F**orever best friends

**R**emember the good times...

**I**nteresting my friends are,

**E**xciting and fun my friends are,

**N**ice and kind deeds they do for me

**D**elightful and pretty they are,

**S**uper friends they are.

Holly - Class 5

**F**orever my friends will be with me

**R**emember the good times I've had with friends

**I**nteresting to share with others

**E**xciting my friends are when I arrive at School

**N**ice kids in my Class

**D**elicate and kind they really are

**S**uper friends I have

Emily - Class 5

**Well done  
& thank you  
Class 5/6**



**Early Pick up -**  
**Friday 26<sup>th</sup> November**

Dear Parents,  
Teachers will be working on Student Reports this afternoon.

Please collect your child up at **12.30pm** from their usual pickup place.

Thank you,  
Ruth - for College Executive

Education Co-ordinator  
& Wellbeing  
Ruth 9761 8369  
[edadmin@ghilgai.com.au](mailto:edadmin@ghilgai.com.au)

Enrolment Co-ordinator  
& Administration  
Michelle 9761 8369  
[enrol@ghilgai.com.au](mailto:enrol@ghilgai.com.au)

Reception  
Justine & Lewis 9728 5819  
[ggs@ghilgai.com.au](mailto:ggs@ghilgai.com.au)

Bursar  
Maximo  
[bursar@ghilgai.com.au](mailto:bursar@ghilgai.com.au)

## Newspapers needed please!

If anyone has newspapers they no longer need at home, or know a café who may be throwing them in the recycling bin each day – we would love to use them to make *underlays* for the children.

[ggs@ghilgai.com.au](mailto:ggs@ghilgai.com.au) 9728 5819

Many thanks!



Thank you to everyone who stitched beautiful items from the take home Craft kits throughout Lockdown. They will create much excitement in our upcoming Childrens Tent.

And a BIG thank you to Seed Group whose ongoing support and enthusiasm is deeply appreciated by us all.

Please look on your bookshelves, under your beds and all around for any school **Library books** and return them a.s.a.p please.

Many thanks!





Thank you Naomi...  
...for the precious gifts  
you made for each of us!



## Warm Birthday wishes

(in October & November)

**we send to...**

Sessional/Founders: Asher

Class One: Sophia, Nate,  
Freya, Viiolet, Patrick  
Harper, Kai & Mathilde

Class Two: Fleur

Class Three: Mackenzie  
& Taj

Class Four: Will

Class Five: Holly

Class Six: Ada & Arjun

Also, Derek, Ruth,  
Catherine, Lisette, Adrian,  
Lynda & Marianne

# Kids of Gold Camp

Friday 11<sup>th</sup> - Sunday 13<sup>th</sup> February, 2022

A note from Gary who has been a friend of Ghilgai for many years...

We would like to strongly recommend our Camp to any children in Grades 4, 5 and 6 who may have struggled with the whole trauma of the lockdown or with getting back into normal routines since schools have opened again. Kids of Gold seeks to build self-esteem and confidence in this particular age group, and it also allows Grade 6 children going into Year 7 next year, and grade 3 children going into Grade 4 next Year to be able to attend. All camps are held in the Yarra Valley at the Lyrebird Park Campsite, Yellingbo, which is a campsite with excellent facilities and programs that enable the Kids of Gold programs to be very effective.

We only have room for a limited number of children to join those already booked in, so this will be a case of 'first in first served' for the places we do have available. \*Reminder also that we do offer a very reasonable fee of \$70 for the whole weekend, which is all inclusive and covers food, accommodation and all program activities as well. We aren't offering scholarships for this camp, but we can offer sponsorship on request for those who might still struggle to pay the full \$70 fee.

Yours sincerely

Gary Parsons and The Kids of Gold Team

0415 427 396 and 03 9737 9475 [www.kidsofgold.org.au](http://www.kidsofgold.org.au)

## History?

If there is some particular area where you would love to see confidence or self-esteem increased in your child, it would help us to know, so that we can work on that during the camp. Please let us know if your child needs special understanding. All information will be kept private and confidential. Please add another page if insufficient space.

## How did it start?

The Kids of Gold camp began in Feb 2003 with the co-operation and backing of a number of Primary Schools. Parents and children were so enthusiastic about the camp, it developed a 2nd level, then a 3rd. Six years ago a 4th level began with the aim of teaching leadership to Level 3 campers. Since then a number of leaders have come out of Level 4, and serve currently in the camps. Gary Parsons, a fully qualified teacher, with the original vision, continues with a team of others working in the camps.

## What do they do?

The central theme of the camp is "You are Special" and will enable every child to see how special they really are!  
Activities will include sessions about value, confidence and self-esteem and include group and individual outdoor rope and initiative activities with trained staff.

### Special Skills, Abilities or Interests:

**Please note:** This camp is subsidised-\$140 PP (representing a 54% subsidy) plus \$15PP Insur. Fees rep. a 58% subsidy. Many would be unable to afford the true full fee, so our sponsors make Kids of Gold possible.



Fri 11<sup>th</sup>-Sun 13<sup>th</sup> Feb 2022

A weekend retreat for children in Years 4-7 (Prim & Sec), aimed at Significantly raising:

Self esteem  
confidence levels

**Level 2 Camp**  
Through a number of initiatives that involve a major focus on praise and encouragement for each child

Where? Lyrebird Park Campsite  
Cost: \$70 per child  
Phone: Melissa ( 0403 271 987), & email: [admin@kidsofgold.org.au](mailto:admin@kidsofgold.org.au) & Gary (0415 427 396 or 9737 9475)  
Email: [kidsofgold@gmail.com](mailto:kidsofgold@gmail.com)  
Website: [www.kidsofgold.org.au](http://www.kidsofgold.org.au)

# Supporting Fathers – a Yarra Ranges Council initiative

## Online Supports and Information continued:



**Mullum Mullum Indigenous Gathering Place** – men's groups for Indigenous men, non-Indigenous male partners and their families within the Eastern Metropolitan Region, to strengthen their cultural identity and strengthen families and community. Gather together in an informal and relaxed environment to undertake social activities such as day trips, men's cultural activities, or just to catch up, have a feed and a yarn.  
Email: [mensworker@mmigp.org.au](mailto:mensworker@mmigp.org.au)  
Men's Group - [www.mmigp.org.au](http://www.mmigp.org.au)

**Raising Children's Network** – free information to help families grow and thrive together. Funded by the Australian Government, the articles, videos and interactive resources are tailored to different ages and stages, from nurturing a newborn to raising a confident, resilient teen – and helping you to look after yourself as a parent too.  
[www.raisingchildren.net.au/grown-ups/fathers](http://www.raisingchildren.net.au/grown-ups/fathers)

**Services Australia** – information about payments and services for financial support to children, [www.servicesaustralia.gov.au/individuals/separated-parents](http://www.servicesaustralia.gov.au/individuals/separated-parents)

**Support for Fathers** – provides information about what is available for dads around Australia with the aim to address the common challenge in not knowing what's out there plus online free webinars for dads, father-figures and families.  
[www.supportforfathers.com.au/dadstuffwall/](http://www.supportforfathers.com.au/dadstuffwall/)  
[www.supportforfathers.com.au](http://www.supportforfathers.com.au)

**The Fathering Project** – delivers resources, programs and events that are aimed to inspire and equip dads and father-figures to be the best they can be to support their child/ren in building resilience, self-respect, positive self-worth and emotional intelligence.  
[www.thefatheringproject.org/](http://www.thefatheringproject.org/)

## Yarra Ranges Council Family and Children's Services



Yarra Ranges Council aims to strengthen parenting, engagement, community connections and social interactions for families with children 0-12 years.

We provide a wide range of services, programs and referral pathways to specialist service providers to help children reach their full potential.

For further information about services and programs for families and children within Yarra Ranges please contact the Family and Children's Services team:

Phone: 1300 368 333  
Email: [earlyyears@yarraranges.vic.gov.au](mailto:earlyyears@yarraranges.vic.gov.au)  
Website: [yarraranges.vic.gov.au/Community/Family](http://yarraranges.vic.gov.au/Community/Family)  
Facebook: Yarra Ranges Families  
Address: PO Box 105, Lilydale 3140

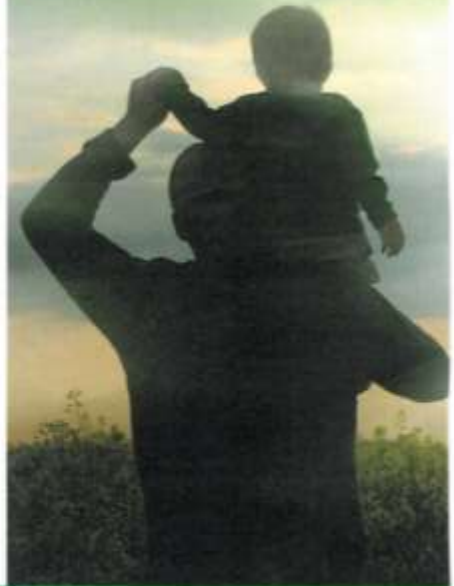


Yarra Ranges Council is a Child Safe Organisation



## Supporting Fathers

Yarra Ranges Council recognise and value the important role new dads, single dads, step dads, grandfathers, Indigenous dads and male caregivers have in their child's lives and within our community.



## Parenting Programs for Dads:



**Dads4Dads** – training and information opportunities for fathers to build and strengthen parenting confidence. Information for new dads, single dads, step dads, grandfathers and Indigenous dads about relationships, pregnancy, childbirth and child development.  
[www.dads4kids.org.au/](http://www.dads4kids.org.au/)

**ParentZone** – free parenting programs – groups, work-shops and resources, which develop and strengthen parenting skills and create positive change. Workshops for fathers include: (but not limited to)

- Dad's Matter
- Dad's Toolkit
- Parents Building Solutions Program

Email: [parentzone\\_erd@anglicarevic.org.au](mailto:parentzone_erd@anglicarevic.org.au)  
Call: 1800 809 722  
[www.anglicarevic.org.au/our-services/family-and-parenting-support/parentzone/](http://www.anglicarevic.org.au/our-services/family-and-parenting-support/parentzone/)

**Relationship Matters** – focuses on healthy, respectful and fulfilling relationships for families and individuals. supports and services include: parenting programs, individual counselling, relationship counselling, family therapy, relationship learning programs, family dispute resolution and mediation, family violence prevention programs and VicRoad safe driving program.  
[www.relationshipmatters.com.au/programs-category/parenting-programs/](http://www.relationshipmatters.com.au/programs-category/parenting-programs/)

**Parents Beyond Breakup** – (Dads in Distress) provide support to fathers feeling isolated in their journey through parenthood, separation from their partners and / or children, stress, anxiety, depression, isolation and suicide. Online peer support groups and weekly face to face groups for fathers in the Eastern Melbourne Region.  
Call: 1300 853 437  
[www.parentsbeyondbreakup.com](http://www.parentsbeyondbreakup.com)

## Facebook Groups:



**Melbourne Dad's United** – Social and peer support, including events/catch ups for men across the Eastern Melbourne Region.

**Mountain Men** – For Men in the Hills communities of Yarra Ranges. Provides peers support, information sessions and social outings. Open to all men over the age of 18.

**Victorian Brotherhood** – Advocates for Suicide Awareness and mental health support through providing of information, an online peer support group and social events.

## Social Groups:



**Men Being Well** – Relationships Australia Victoria, YMCA and the Life Is Foundation host monthly Men's Gatherings, conversation groups, Online Events and Men's Retreats which provide men with the chance to connect with other men in healthy and supportive ways.  
[www.meetup.com/menbeingwell/](http://www.meetup.com/menbeingwell/)

## Playgroups for Dad's:



Playgroups promote positive parenting, peer support and social connections. Search the Playgroup Victoria website to find a playgroup near you.  
[www.playgroup.org.au/find/](http://www.playgroup.org.au/find/)

**Dads Group Inc (DGI)** – connecting local dads to improve men's health, prevention of family violence and reducing isolation and suicide. They partner with community organisations to start and support new Dads' Groups, through events that allow fathers to meet.  
[www.dadsgroup.org](http://www.dadsgroup.org)

## Online Supports and Information:



**Beyond Blue: Dadvice** – a documented four-part web series following a group of new dads on their journey into fatherhood. Watch the series, take the dad stress test and get some tips for nailing this whole dad thing.  
[www.healthyfamilies.beyondblue.org.au/pregnancy-and-new-parents/dadvice-for-new-dads](http://www.healthyfamilies.beyondblue.org.au/pregnancy-and-new-parents/dadvice-for-new-dads)

**Blue Knot Foundation** – support, education and resources for the families and communities of adult survivors of childhood trauma.  
1300 857 380 Monday - Sunday, 9am - 5pm AEST  
Email: [helpline@blueknot.org.au](mailto:helpline@blueknot.org.au)  
[www.blueknot.org.au](http://www.blueknot.org.au)

**DadPlay** – for fathers raising children aged 3-5 years with challenging behaviours in regional, rural, and remote areas. DadPlay is a free telephone messaging service for fathers. Information and practical advice about child development and behaviour, messages about dad's role in children's play, family relationships and ideas for active games to play that builds on your child's brain development and strengthens your parent-child bond.  
To join up text 'dad play join up' to 0488 824 230  
Email: [hello@dadlab.com.au](mailto:hello@dadlab.com.au)

**Dad's Online** – provides relevant information and ideas that tap directly into the heart of topics that are most important to Dads.  
[www.dadsonline.com.au/contact](http://www.dadsonline.com.au/contact)

**MensLine Australia** – online counselling service providing free support by qualified counsellors who specialise in family and relationship issues, including relationship breakdown, separation and divorce, parenting, family violence, suicide prevention and emotional well-being. MensLine also provides information on their website on topics about being a first-time dad, young dad, step-parenting, fathering from a distance and many more.  
Helpline: 1300 78 99 78  
[www.mensline.org.au/being-a-dad/](http://www.mensline.org.au/being-a-dad/)